

New Beginnings News

New Beginnings Pregnancy & Family Services

120 Broad Street

Red Wing, MN 55066

651-267-4357

www.newbeginningspc.com

February 10
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New Beginnings Pregnancy & Family Services

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Abortion: 37 years after Roe v. Wade

January 22, 2010 saw the 37th anniversary of the Supreme Court decision to legalize abortion in the United States of America. Because of this, much of our newsletter will be dedicated to this subject.

The intention is not to stir up anger, hatred and trouble in the hearts of our readers, but to stir up an awareness of the after-effects of abortion and to have compassion for those who are post-abortive. Everyone reading this newsletter knows someone who has had an abortion. 1 in 3 women under the age of 45 have had at least 1 abortion. Even women now up into their 70s and 80s, have had them. Did you know that 80% of women suffer emotional trauma after an abortion. Who is there to help these women walk through healing? New Beginnings is.

New Beginnings is an unapologetically pro-life and Christian based 501(c)3 non-profit organization that nurtures a Christ-like view of human life through hope, help and life-affirming choices to women and men in our community. Unfortunately, it is because of abortion that this ministry even exists. It was our post-abortion program that was our first program in this ministry.

As a pro-life ministry, we are dedicated to being honest in the information we give to women searching for answers in an unplanned pregnancy. We are also dedicated to serving our clients with respect and compassion. Because we do that, our clients make their own choices and continue to come in and obtain our services after their choices are made. Where would they go, if New Beginnings was

not in Red Wing?

Right now there is a bill being talked about in Congress to close down every pregnancy resource center in the United States. Can you believe that? If this bill passes, New Beginnings will close.

Where will women and their children go for help to get the kinds of services New Beginnings provides, free of charge? And what kind of help will they really get?

The women of our nation need your prayers! This ministry needs your prayers! Will you pray that the more than 50 million women who have had abortions would be healed emotionally, physically and spiritually, if they need it? And would you also pray that this bill in congress to close us down would not pass? More clients were served in 2009 than in 2008. In every service area, New Beginnings surpassed 2008 levels and in doing so, provided our clients and their families with the life-saving—life-changing—resources and services needed, especially in the difficult financial situation so many are facing. Thank you for all your support for New Beginnings. We look forward to a continued partnership in 2010 where, together, we will make a difference in our community.

	2008	2009	% change
Total clients	61	77	26%
Total client visits	467	804	72%
Babies born	6	19	217%
Earn While You Learn	276	437	58%
Support groups	140	276	97%
Pregnancy tests	19	20	5%
Volunteers	5	13	160%

From the Executive Director's desk:

Two years ago while attending our Heartbeat International Conference, I had the opportunity to hear Norma McCorvey, the plaintiff in *Roe v. Wade*, speak. I had never heard her story and was very surprised to learn she had never had an abortion. It's an amazingly sad story!

With the 37th anniversary of *Roe v. Wade* in January, now more than ever we need to tell Norma's story. It's so easy to remove the human side and just focus on the court case, as has happened over the years.

The following is a condensed version of her true story, as told in her video, "I was wrong."

Years ago there was a teenage girl, Norma, who was completely lost in a sea of tragic circumstances beyond her control. After an abusive childhood, Norma sought comfort in all the wrong places. All she knew was that she needed love, affection, attention, and she sought after those things, wherever she could find it. The first "quick fix" to her desperate need for love, was not really a fix at all. Her experimentation with drugs and alcohol quickly led to an addiction.

Now, barely 20 years old, she found herself pregnant. She gave custody of her child to her own mother. Norma's decision weighed heavily on her mind, but the only way she knew to cope was with alcohol and drugs. One sorrowful memory after another became a snowball of mistakes.

Before she knew it, she was pregnant again. The father chose to adopt the baby. When Norma shared the news with her mother of her third pregnancy, her mother's response was clear, "I'm not taking this one, too." Norma wished that she could undo her pregnancy. The only option it seemed she had was abortion. If she couldn't deal with others' disappointment, she would just erase her mistake, she thought. So she went to the doctor's office and asked about abortion. They refused to do it, sending her to an adoption attorney.

The attorney recommended that she meet with some associates. The two women attorneys, Sarah and Linda were fresh out of law school. Sarah, had an abortion done in Mexico years before, and was hoping to make it legal in Texas.

The lawyers spent some time with Norma, they even joked about being "the three musketeers." Norma was now 21 years old, pregnant for the third time, homeless, living in a park in Dallas. Her hope was that they could erase her pregnancy. They told her just what she needed to hear.

These attorneys needed a pregnant woman for in a much larger battle. Norma didn't care about changing laws or changing the country, nor did she even think it was possible. The lawyers were anxious to get her signature, and quickly drew up an affidavit for Norma to sign. After their night of beer and 'bonding,' Norma completely trusted her new friends and didn't even read what she was signing. That was the last time she spoke to Sarah or Linda.

Norma went back to the streets, and she never got her abortion. She gave birth to her child. Her child was adopted. Norma didn't know at the time, but she would soon go down in history as the "Jane Roe" in the infamous case *Roe v. Wade*.

The two lawyers, Sarah Weddington, and Linda Coffee, sought to have the Texas abortion law declared unconstitutional. Norma was not the ideal woman but she was ready and willing to do just what they said—and she was pregnant. The affidavit the lawyers had her sign outlined what she claimed had happened to her. Norma said that she was raped and that she wanted an abortion. But she lied. With a lie and her signature, Sarah and Linda went to the U.S. Supreme Court and won. In 1973, the Court ruled that state laws banning abortion were unconstitutional.

One woman's unending desire to be loved,

another woman's need to justify her own secret abortion decision, and a lie led to the repeal 40 states' laws banning abortion. By a vote of 7-2, the U.S. Supreme court decided three key rulings: 1) A woman's constitutional right to privacy, which includes the right to determine the outcome of her pregnancy; 2) An unborn child is not a "person" within the meaning of our constitution; 3) A state may only ban abortions in cases when the unborn child has already reached viability and there is no threat to the woman's "health." (*Doe v. Bolton*, *Roe's* companion decision decided on the same day, outlined the Court's definition of "health." Together, with *Doe's* very broad definition of what constitutes "health" and *Roe* allowing abortion for "health" reasons, abortion is allowed for any reason, throughout all nine months of pregnancy in the U.S.)

The fate 50 million babies and their parents, since the ruling in 1973, have been changed forever.

Jesus said, "You shall know the truth and the truth shall set you free." Norma McCorvey came to a fork in the road of her life and was confronted with this truth. She made the decision to know Jesus and to let him free her from the pain of her past, including her part in the *Roe v. Wade* decision.

I too, came to the fork in the road of my life and was confronted with that same truth. I came to know Jesus and his truth set me free from my past, especially from the pain of my own abortion.

My son, Jesse, would have been 25 years old. How I miss not knowing him! How I long to meet him when I get to Heaven! How thankful I am that Jesus forgave me, healed me and set me free, so that one day, I will get to be with Him and my Jesse forever! What a glorious celebration that will be!

Cathy Goggin

God Bless You!

"I am only one, but I am one. I can't do everything, but I can do something. The something I ought to do, I can do. And by the grace of God, I will."

-Edward
Everett Hale
(1822-1909)

Please contact New Beginnings if you would like to check out the DVD "I was wrong."

Heslinga, Wout. *I was wrong*. Vision Video Gateway Films, 2006.

Shocking reversal:

Researcher at Nat'l Cancer Inst admits abortions do raise breast cancer risks

Less than two months since the U.S. Preventive Services Task Force issued new guidelines recommending against routine mammograms for women in their forties, a second breast cancer scandal involving a U.S. government panel of experts has come to light which has implications for healthcare reform.

An April 2009 study by Jessica Dolle et al. of the Fred Hutchinson Cancer Research Center examining the relationship between oral contraceptives (OCs) and triple-negative breast cancer (TNBC) in women under age 45 contained an admission from U.S. National Cancer Institute (NCI) researcher Louise Brinton and her colleagues (including Janet Daling) that abortion raises breast cancer risk by 40%.

Additionally, Dolle's team showed that women who start OCs before age 18 multiply their risk of TNBC by 3.7 times and recent users of OCs within the last one to five years multiply their risk by 4.2 times. TNBC is an aggressive form of breast cancer associated with high mortality.

"Although the study was published nine months ago," observed Karen Malec, president of the Coalition on Abortion/Breast Cancer, "the NCI, the American Cancer Society, Susan G. Komen for the Cure and other cancer fundraising businesses have made no efforts to reduce breast cancer rates by issuing nationwide warnings to women."

Brinton was the chief organizer of the 2003 NCI workshop on the abortion-breast cancer link, which falsely assured women that the non-existence of the link was "well established."

Dolle's team reported in Table 1 a statistically significant 40% risk increase for women who have had abortions. They listed abortion among "known and suspected risk factors."

Brinton and Daling had previously studied this population from the Seattle-Puget Sound area in the 1990s and reported risk increases between 20% and 50% among women with abortions. In the 2009 study, they and their co-authors wrote that their findings concerning induced abortion, OC use and certain other risk factors, "were consistent with the effects observed in previous studies on younger women."

"Obviously, more women will die of breast cancer if the NCI fails in its duty to warn about the risks of OCs and abortion and if government funds are used to pay for both as a part of any healthcare bill," said Mrs. Malec.

A brief analysis of the study, Dolle et al. 2009, was provided by Dr. Joel Brind, professor of biology and endocrinology and deputy chair for biology at Baruch College, City University of New York.

Last year, studies from Turkey and China also reported statistically significant risk increases for women who had abortions.

"Although the study was published nine months ago, the NCI, the American Cancer Society, Susan G. Komen for the Cure and other cancer fundraising businesses have made no efforts to reduce breast cancer rates by issuing nationwide warnings to women."

A real story of hope and healing

I was invited to partake in the Surrendering the Secret post-abortion group and I am so glad I said yes. I have held the secret of having an abortion for over 20 years. Through much sharing, much caring, and some tears, I have never felt truly free until now. I had gone through my own healing, asking God for forgiveness, but still had lingering issues that came out in ways that I did not even know that it was connected to the abortion.

Through the safety of this group, I “connected the dots”, went through the healing ceremony (which really did work, despite my doubts), and now I am living in a whole new way. I understand at a much deeper level the horrid damage an abortion can do on a physical, emotional and spiritual level.

What began as a “simple” means to an end, became a 20 + year nightmare and I could not even put my finger on why. I am set free through God’s mercy and have been truly blessed by the women who also shared and bared their souls. I felt safe, loved, and cared for.

Please, please, please consider taking this group if you have aborted your baby, no matter how long ago. God will set you free. You will not regret it.

**Put your hope
in the Lord,
because the
Lord’s love
never fails. He
sets His
people
completely
free.
-Psalm 130:7**

**"How can
there be
too many
children?
That's like
saying
there are
too many
flowers."**

**-Mother
Teresa**



Memorials & Celebrations

Bob and Susan Goetz	Red Wing, MN	In Memory of Brandon & Cameron Goetz
Roy and Pam Hall	Lake City, MN	In Honor of Jesus
Angela Hu	Red Wing, MN	In Honor of Kristie Verret
Tim Mehrkens	Lake City, MN	In Memory of Lane Mehrkens
Shawna Murray	Lake City, MN	In Honor of Shasona Lucas
Joy Nickels	Lake City, MN	In Memory of Kyrie Lee Nickels
Sue and Allan Ray	Bellchester, MN	In Memory of Evelyn Majerus
Peter Regan	Lake City, MN	In Honor of Alexander Regan
Margaret Tomashek	Lake City, MN	In Honor of Evelyn Gray
Michael Tomashek	Lake City, MN	In Honor of Sharon Folland

Remember:
All donations
to New
Beginnings
are tax
deductible!

What's the Baby Bottle Drive?

The Baby Bottle Drive is a simple way to help New Beginnings! We all have loose change lying around, and this provides an opportunity to bank those coins for a good cause. Churches throughout the community have done the Baby Bottle Drive. The Baby Bottle Drive is a huge help for New Beginnings. If you or anyone you know would be interested in facilitating the Baby Bottle Drive at your church, please contact us. The New Beginnings staff is available to do a Missions talk the Sunday the baby bottles are handed out.

Want to do the Baby Bottle Drive?

New Beginnings provides the baby bottles and has sample inserts for your church bulletin!

Running the Baby Bottle Drive is easy!

1. Contact New Beginnings to choose a month for the Baby Bottle Drive.
2. Set up a table where the baby bottles can be made available to your parishioners as they exit the service.
3. The bottles are signed out to people as they leave.
4. For the next few weeks, the bottles are filled with the loose change.
5. The bottles are collected at an arranged date/time and returned to New Beginnings.

Openings available for:

June, July, September, November and December.

Please contact us to arrange your Baby Bottle Drive!

***Donations from the Baby Bottle Drive will go to purchase baby furniture and equipment for our clients!**

Volunteer information

- *Interested in volunteering?*
 - 1) Contact New Beginnings and let us know you're interested in volunteering. We are grateful to have so many people helping to make a difference in our community. We'd love for you to join our team!
 - 2) Volunteer training! All volunteers are provided with training from New Beginnings. Upcoming 2010 volunteer training: April 17 and November 6. Training sessions run 9:00am to 4:00pm. Please contact New Beginnings to make arrangements to attend a training session.
- *Current volunteer?*

Current volunteers are asked to attend quarterly meetings. These meetings are an opportunity to get up-to-date on what's happening at New Beginnings and to have some volunteer fellowship! Upcoming volunteer meetings: April 3, July 17, October 9. Meetings run 9:00am to 10:30am.

APRIL
2010



ABORTION

RECOVERY

AWARENESS

MONTH

New Beginnings' wish list

New Beginnings is only able to accept new baby furniture, clothing and other items. If you are interested in helping New Beginnings by donating any of the wish list items or donating money to help us purchase items you see here, please feel free to drop off your donation or the items during our office hours or mail them to the center. Please contact our office with any questions.

**New Furniture:*

- 1 Graco infant carrier/car seats (pink)
- 1 Pack-n-Play (pink)
- Counseling Room furniture

**Baby Supplies:*

- Diaper bags

**Other:*

- 19" color TV
- Gift cards to Target, Wal-Mart, Office Max
- 1500 sq. ft office space
- Rolls of stamps

4th Annual Walk for Life

Get ready to Walk for Life! The 4th Annual Walk for Life will take place at Bay Point Park on Saturday, May 8 from 9:00am to 11:00am.

It's easy to be involved in New Beginnings' Walk for Life. Call, e-mail or stop by New Beginnings to register for the Walk for Life. Ask friends, family, coworkers, neighbors and others to make pledges for your involvement in the Walk for Life. If you are unable to involved, pledge someone else! (Pledge forms will be available soon.)

Prayer!

Starting in April, every third Saturday of the month from 8:00am to 9:00am, there is prayer at New Beginnings. This is a great opportunity for fellowship, to grow in relationship with Jesus and to experience the power of prayer. Feel free to bring a prayer request or to let us know if you have something you'd like prayer for. Please don't forget to include New Beginnings in your prayers. No matter the denomination, or experience - all are welcome!

Upcoming Events

Mark the calendar for these events in 2010!

- | | |
|---|--|
| March 27: Prayer at New Beginnings (8:00am-9:00am) | July 24: Prayer at New Beginnings (8:00am-9:00am) |
| April 3: Volunteer meeting (9:00am-10:30am) | August: 2nd Annual New Beginnings Garage Sale (details coming soon!) |
| April 17: Volunteer training (9:00am-4:00pm) | August 28: Prayer at New Beginnings (8:00am-9:00am) |
| April 24: Prayer at New Beginnings (8:00am-9:00am) | September 25: Prayer at New Beginnings (8:00am-9:00am) |
| May 22: Prayer at New Beginnings (8:00am-9:00am) | September 30: 3rd Annual Fundraising Banquet |
| June/July: 1st Annual Golf event (details coming soon!) | October 9: Volunteer meeting (9:00am-10:30am) |
| June 26: Prayer at New Beginnings (8:00am - 9:00am) | October 23: Prayer at New Beginnings (8:00am-9:00am) |
| July 1: Annual abortion statistics released by Minnesota Department of Health | November 6: Volunteer training (9:00am-4:00pm) |
| July 17: Volunteer meeting (9:00am-10:30am) | November 27: Prayer at New Beginnings (8:00am-9:00am) |

How You Can Help Us

We have been very blessed and have a lot to be thankful for. Your partnership with New Beginnings is critical in ensuring women in our community facing crisis pregnancies don't need to go through them alone. The services and resources we provide make a difference and change lives. There are many great ways you can help New Beginnings:

- **Donating by credit card** is an easy way to give to New Beginnings. To donate by credit card, please fill out the form below, clip and return to New Beginnings or contact our office to donate over the phone. It's fast and easy way to fulfill your interest in helping us provide for women and their families in our community!
- **The Lifesavers Club** is a planned-giving program where members have committed to donating monthly, either by check, direct debit or by credit card. Our goal is to find 100 people willing to commit to donating \$50 per month to ensure our financial responsibilities are met for the month. Will you join the Lifesavers Club and be a committed partner in the life-saving work we're doing? If so, please contact our office to enroll in the Lifesavers Club!
- **Golf outing** planned for this summer! New Beginnings is in the process of finalizing details regarding a summer golf event. While specific details of the event are forthcoming, it's never too early to get excited! If you, or someone you know are interested in helping make this a fun and successful event by maybe sponsoring a hole or helping out, please let us know!
- **Volunteer your time or talent!** Volunteers are invaluable to New Beginnings. If you are interested in becoming a part of the New Beginnings team and volunteering your time, talent or have a gift you'd like to share—let us know! We are blessed to have so many enthusiastic and dedicated people help change the lives of our clients and their families. To prepare all volunteers, training is provided. (More information about volunteer training and quarterly meetings is available on page 5.)
- **Applebee's** in Red Wing is going to be donating 15% of your dinner order to New Beginnings! Just stop in to Applebee's in Red Wing on March 7-10 and 14-17. Please bring the flier to Applebee's and give it to your server right away (or we don't get credit). Be sure to have multiple copies of the flier and give them to family, friends and neighbors and encourage them to take advantage of this fantastic opportunity for New Beginnings. This is a great way to treat your family by eating out and a fantastic fundraiser for New Beginnings! It's a win-win situation! *Flyers can be e-mailed to those who are interested or picked up at the center. Please let us know if you have any questions.
- **Baby Bottle Drive** is a simple and great way to help New Beginnings. More information about the Baby Bottle Drive available on page 5.
- **Walk for Life** will take place at Bay Point Park on May 8 from 9:00am to 11:00am. More information on the Walk for Life is available on page 6.

New Beginnings Pregnancy and Family Services

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Account # _____

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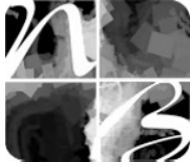
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*All donations to New Beginnings Pregnancy and Family Services are tax deductible. Thank you!



**New Beginnings Pregnancy
& Family Services**
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New Beginnings Pregnancy & Family Services

120 Broad Street
Red Wing, MN 55066

Phone: 651-267-4357

24-hour Helpline: 1-800-395-HELP

E-mail: newbeginningspc@qwestoffice.net

Web site: www.newbeginningspc.com

Hours:

Walk-ins Welcome!

Monday: 1pm-5pm
Tuesday: 10am-5pm
Thursday: 10am-5pm
Friday: 9am-1pm

*Other times available by appointment.

In this Issue

- Mark your calendars: 3rd Annual Fall Fundraising Banquet is September 30, 2010!
- A Real Story of Hope and Healing
- New Beginnings' Wish List!
- How to join the Lifesavers Club!
- The story of Roe v. Wade!
- ...and more!