

New Beginnings News

New Beginnings Pregnancy & Family Services
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www.newbeginningspc.com

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New Beginnings Pregnancy & Family Services

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New Beginnings continues to change lives!

New Beginnings has had a very busy past few months. Our client visits continue to increase and involvement in our Earn While You Learn (EWYL) program is through the roof! It is so exciting to see so many women take advantage of the information and resources available to them as they prepare to become mothers. We have seen our clients become responsible, mature and loving mothers. In September, we had two clients give birth to baby boys (pictured below).

Read the inspirational story of Cassie, one of the new moms who gave birth in September, on page 2.

Demand for our services and client visits continues to rise. Client visits include: pregnancy tests, EWYL, support group participation and other services. In July, we had a total of 67 client visits, August had 96 client visits and in September, we had 93 client visits. In all of 2008, we had 467 client visits. As of October 1, 2009, we had 581 client visits--nearly a 25% increase over 2008!

The following chart has the total number of client visits, for 2008 and 2009, and includes other services we provide and the level of participation in each of these. As you can see, our numbers continue to grow!

	2008	2009*
Total client visits	467	581
EWYL	276	334
Support groups	140	167
Pregnancy tests	19	17
Volunteers	5	11

*As of September 30, 2009.

None of our success would be possible without the prayers and support of New Beginnings' dedicated friends. With your continued partnership, we will continue to change lives!



What precious babies they are!

From the Executive Director's desk:

*"I do not pray
for success, I
ask for
faithfulness"*

-Mother Teresa

These past few months have been so busy! With client visits at an all-time high, Fall Fundraising Banquet wrap-up, and other activities--we are staying busier than ever! At our 2nd Annual Fall Fundraising Banquet in October, we were able to hear from Kathy about the very inspirational and courageous journey of her daughter, and one of our clients, Cassie. For those of you who weren't able to attend the Banquet firsthand, here's Cassie's story as told by her mother, Kathy:

"I would like to share with you why New Beginnings has been a life-saver for our family. Here is a brief history: When we found out that Cassie was pregnant back in January [2009], we had just moved her home a week earlier. My daughter was diagnosed with Asperger's Syndrome her sophomore year of high school. My daughter is special needs and always has been. My husband and I adopted her when she was 16 and she has been in our lives since she was 8 years old. She was in an abusive relationship with her baby's father and his family for nearly 3 years before moving back home in January. They have robbed her of her financial security. The baby's father and his parents continue to cause financial distress for Cassie. Cassie was taken advantage of financially by that family, leaving her with great debt and no credit rating.

Since her affiliation with New Beginnings, Cassie has gained a new confidence. My daughter was given the chance to provide for her unborn son by attending weekly appointments and taking part in Earn While You Learn (EWYL) where she earned products that she could use to take care of this precious gift of life. Cassie read book after book, magazine after magazine from the library and New Beginnings. We watched learning videos each and every week and did worksheets for homework. The program offered by New Beginnings, Earn While

You Learn, tracked the whole pregnancy. It offered developmental stages for infants of various ages, information on the woman's body, her reproductive system, and covers many other subjects. Each client has the opportunity to have an individual educational program offered to her. I can tell you, New Beginnings never ran out of educational opportunities for Cassie. (We've been told she's a model client!) Most of all, New Beginnings has offered my child and hers, a relationship with God. It's been amazing to see someone grow spiritually right before your eyes. She has not only matured spiritually, she has also matured a great deal. During our time with New Beginnings, EWYL has gone through some changes. In today's economic crisis, changes had to be made. With contributions down and clientele up, EWYL expectations had to be changed. Points would no longer be earned, but instead Baby Bucks would be implemented. This became yet another way for mothers to be more responsible. However, change is difficult for individuals with Asperger's. Yet my daughter was able to go forward. She began to memorize the Scripture; John 3:16 was her Bible verse: "for God so loved the world He gave His only begotten Son that who so ever believeth in Him shall not perish but have everlasting life." Cassie has heard this scripture being used over and over again since she memorized it both in church and CCD. It sticks with her today and I hope for always. The most amazing thing happened at the hospital. God is ever-present in our lives and it was never more evident than on September 17, 2009 when my grandson Shawn was born. Cassie has worked very diligently every week from January to the present. She has earned some very nice things to assist her in taking care of her child. This not only benefits baby Shawn, it has given my daughter a sense of self-worth. Because of New Beginnings, she

has been able to provide the necessary items to care of an infant properly. This she was able to by earning while she learned and with the grace of God. Cassie has earned such items as: an infant car seat and stroller combo, an Exersaucer, a metal baby gate, many new outfits, onesies, baby toiletries, baby wipes, and diapers of all sizes. I ask you, how does one earn so many wonderful things without a dime in your life? Cassie earned this because of this pro-life organization, New Beginnings, and it was all apart of God's plan! She is truly an inspiration to all mothers. For the best part of the past 9 months, this daughter of mine studied very hard even though she has some learning disabilities. Cassie was determined to beat all odds and become the best mother she could be. I truly wish all mothers took this wonderful opportunity to lean how to parent affectively. [Earn While You Learn] is amazing! The volunteers and staff at New Beginnings are so caring, it like they become a part of your family. They were there for our entire family through the tears, stress and joy. They prayed for our well-being. They encouraged us when we needed it. I just can't say enough kind things about the whole program. What would we have done without New Beginnings? I don't want to think about that. May God bless all those who have helped us through contributions, prayers, teaching and just by being kind to our family. I hope many others get the chance to have New Beginnings be a part of their lives like we have. They are a life-saver."

Thank you to all of our friends and supporters for all you do for New Beginnings.

God Bless You!



Cathy Goggin
Executive Director

2nd Annual Fall Fundraising Banquet was a success!

Despite the foul weather and the technical difficulties, our 2nd Annual Fall Fundraising Banquet was a huge success. 165 guests learned more from Cathy Goggin, Executive Director of New Beginnings, about the life-changing work we do than they had known before. They were touched by the testimony of Kathy regarding the services that her daughter, Cassie, had received since becoming pregnant. Guests were even introduced to Kathy's new grandson, Shawn! There wasn't a dry eye in the place when we finished with evening with a video of my granddaughter singing "Jesus Loves Me."

With how successful the banquet was, I'm sure God is making plans for something even bigger and better for next year. We've already picked the date for our 3rd Annual Fall Fundraising Banquet—**Thursday, September 30, 2010**—so you'll want to mark your calendar to be sure to attend—and invite your friends, family, and others in the community.

Special thanks goes to the St. James Hotel for generously discounting our room rental and even giving us a nice deal on food costs. Also, to Chef Michael Norman, John—the banquet captain, and St. James Hotel staff for impeccable service and great food!

Special thanks, also, to our Table Sponsors: The Christian Book Store; The Clothes Horse; Sandberg and Sandberg, LLC; Lyle & Julie Stelter, Coldwell Banker; Precision Marine; Hager City Glass; Sevlie Chiropractic; Bill & Pam Buysse, Allure School of Cosmetology; Dr. Lee & Bev Sander; Ron & Cathy Goggin.

Thank you, Table Hosts: Mary Spriggle; Donna Yecke; Julie & Lyle Stelter; Elaine Popp; Barbara & Joe Goggin; Lynne Tipcke & Sandy Hasselblad; Regina Poncelet; Mary Gustafson; Pastor Tom Johnson; Dave Erickson; Rhonda Johnson; Marv & Jan Eppard; Dr. Lee Sander; Candy Oellrich; Tom Graff; Cathy Goggin, Maureen Hopkins; Kathy Enberg; Judie Maybach, Amanda Haas; and Sherry Allen.

A lot of time and effort was put into filling the tables, and we appreciate it very much. Nearly all attendees were personally invited by Table Hosts, so you can see what a vital part you played in making the evening such a success. More than \$20,000 was raised due to your efforts and generosity!

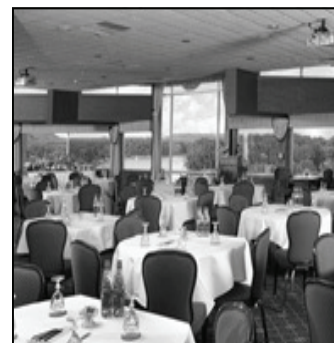
Thank you to all who attended and gave so generously. Next year, sign up early to be a Table Host so you can invite some new people who need to be part of this ministry and the work we do! We really are making a difference in this community and it is important that the life-saving resources and support provided to pregnant women and their families continues. With your continued partnership and enthusiasm, we will keep changing lives and making our community better!

And most of all, thanks be to God, who worked out all the details to His honor and glory. It is obvious that His hand is on New Beginnings and I'm honored that He has allowed me to be a part of it. To God be the glory!

-Donna Yecke

Banquet Coordinator, 2009 Fall Fundraising Banquet

*3rd Annual
Fall
Fundraising
Banquet will
be held on
September
30, 2010!*



St. James Hotel's Summit Room served as the venue for New Beginnings' 2nd Annual Fall Fundraising Banquet

For more information about New Beginnings
and what we do, visit our Web site:
www.newbeginningspc.com

Important Dates!

January 22:
37th Anniversary
of Roe vs. Wade

January 24:
Sanctity of
Human Life
Sunday

*Please pray for
the healing of
women who
have gone
through abortion
and those
currently facing
the difficult
decision.*

Myth vs. fact: what we do and don't do

Myth: New Beginnings doesn't talk about all three options.

Fact: New Beginnings offers free pregnancy tests. In doing this, what we really offer is choices. Those choices include parenting, adoption or abortion. All of the women that walk through our door wanting a pregnancy test, already know their choices when they come to us. We offer them a safe and confidential place to talk about their crisis and what their life may look like in all 3 of the choices they have before them.

Myth: You are forced to talk about God and pray.

Fact: Only after asking our clients if they are open to it or at their request, we may talk to them about God and what effect He may have in their lives and the lives of their families and children. Again, at the client's request or after asking them if they are comfortable with it, we may also pray with them to seek God's counsel, comfort and provision in their time of need. If they are not interested in these activities, there's no pressure to do them!

Myth: New Beginnings only talks about abortion and tries to talk people out of having one by showing videos of abortion procedures.

Fact: The claims that we only talk to our clients about abortion and that we try to scare them out of having one, by showing them videos of gruesome abortion procedures, are simply not true. All of our clients make their own choices. We never force anything on anyone or scare them into doing something they do not want to do.

Myth: New Beginnings only supports and cares about clients that want to parent.

Fact: Because New Beginnings is faith-based, we never have and we never will endorse or refer any client for a medical abortion (including the morning after pill or Plan B) or a surgical abortion. We listen, we love, we educate, and we support our client, even if they choose abortion. We hope and pray that they won't make that choice, but if they do, we offer them grief support for healing after they have made their choice, such as our Surrendering the Secret program.

Many people are very glad to finally know what New Beginnings really does and are dismayed to hear the things people say we do that we certainly don't do.

A real story of hope and healing

I had an abortion 24 years ago. Nine or ten years ago I went through a Bible study designed to bring healing for abortion. I believed I experienced a little freedom in that I could admit to others what I had done although I still carried an immense shame. I felt an urging to ask Cathy [Goggin] about the new study [Surrendering the Secret] and if she thought I could benefit from it. We promptly began the study. I really enjoyed the DVDs and could relate to the variety of women. They all had different things to share which helped open my heart. I realized how there definitely is a master plan out there to kill, steal and destroy and how I was lied to to get me to buy into that deal. I was tricked and deceived. I had a hard time thinking of my baby as a child and grieving the loss of him because of a numbness in my heart. I had believed the lie that my baby was only a blob of tissue. Through the study, I was able to acknowledge that he was much more than a blob of tissue—he was a fully-functioning human being when he was taken from my womb. I was given permission to grieve the loss of my baby and I was shocked by the amount of pain, grief and anger that was released. I felt like a part of me actually came to life after this session. I believe I will continue to see ways in which this healing will affect my life, my health and my relationships. Praise the Lord for His mercy and enduring love!

-Recent Surrendering the Secret client

Services, programs, resources: what we provide our clients

Cathy Goggin, Executive Director

The number of clients who come in for pregnancy tests is very minimal (17 from Jan. through Sept. 2009) compared to the demand for other programs we offer. Clients have said they get their pregnancy test elsewhere and if it comes back positive (and if they decide to not have an abortion), they come to New Beginnings for help and support with their pregnancy.

We give them help and support through our Earn While You Learn parenting program (EWYL). This program is available to anyone who has children age 3 and under and there is no financial criteria to meet. With 334 client visits from January through September 2009, this is our most popular service. EWYL provides an educational video and worksheet curriculum for our clients on pregnancy, parenting, life skills and Bible study. These 4 subjects are divided into modules and any module is optional to our client. The information presented is factual, interesting and practical. It is also necessary, because it helps our clients to have healthy pregnancies and healthy parenting and living skills. Participating in EWYL, on a regular basis, gives our clients an opportunity to earn "Baby Bucks" for all of the videos and lessons done inside the center and also for some of the important appointments that are done outside the center, in our community, like Dr. visits, WIC appointments, baby classes at a local hospital or even attending a Bible study in a local church. Once earned, the clients save their Baby Bucks and when they have saved enough, they can turn those back into us to "purchase" brand new baby items like cribs, car seats and other furniture, baby supplies, clothing or diapers. Not only do our clients get education and brand new baby items, they get life lessons in being responsible. For doing the work it took to earn those Baby Bucks, they get the benefits of saving their Baby Bucks to buy something they need for their child. In the last year, this program saw 15 new babies born.

We sometimes have soon-to-be dads come to the center with our clients, so we decided we needed to have something for them to learn how to become the fathers they want to be. We purchased another piece of EWYL curriculum: Men's Fraternity- The Quest for Authentic Manhood. This curriculum is also DVD and worksheet-based. It is not up and running yet, because we need men who love Jesus and love life, to volunteer in our center, to be mentors to our "Dads" and right now, we don't have any. Men, we need you! When this program does get going in the center, it will work the same way the EWYL program works for our Moms. Baby Bucks will be given for work done, they will be saved by the "Dad" and then new baby furniture, clothing and supplies can be purchased, for their children, too.

Another recently-purchased program is our Sexual Integrity Program. This DVD-based program consists of 3 segments, Focus on Fertility, The Blueprint for Sexual Integrity and Steps to Sexual Health. This program is designed to teach women how to walk in sexual wholeness in all areas of their lives- physical, emotional, social, intellectual and spiritual. We look forward to providing this enhanced support to our clients as a way to ensure a more complete reproductive health education experience starting in November.

Currently, New Beginnings also offers Bible-based support groups for those who have suffered loss in their lives. Alongside that, we offer Bible studies for those who wish to grow in their spiritual walk. Two of our most popular loss support groups are: Threads of Hope, Pieces of Joy (our miscarriage and early infant loss support group) and Surrendering the Secret, our post-abortion support group. Threads of Hope, Pieces of Joy has been designed to sensitively minister to the needs of individuals or groups who have experienced a pregnancy loss through miscarriage, stillbirth or early infant death. This study uses Scripture to explore such questions as: Where does life come from? Where is my child now? Can I ever understand why? How can God help me deal with losing my baby? This book was written by women who have asked those very same questions and sought comfort in the midst of their own pregnancy losses. Surrendering the Secret is a powerful new study that helps hurting women find the path to healing through honest, interactive Bible study; meaningful group experiences; unique journaling exercises; and confidential, caring community. We just finished this study for the first time at New Beginnings. It brought incredible healing and wholeness to all who attended. If you have abortion in your past, you can begin your healing journey and draw near to the heart of God, by attending this study at New Beginnings.

This, in a nutshell, is who we are and the services we offer at New Beginnings. I hope this has educated you and helped you to understand why we continue to need your help; prayerfully, voluntarily and financially, to continue doing what we do: nurturing a Christ-like view of human life through hope, help and life-affirming choices to women and men in our community.

Looking for the perfect Christmas gift?

New Beginnings will be selling "Life Before Birth" 14-month calendars featuring adorable baby photos during the Holiday Stroll on Friday, November 27 at Cornerstone Church in downtown Red Wing. This is the perfect gift for the special person on your Christmas list and it's a really great way to support New Beginnings. Calendars will be available for sale from 5pm-9pm for \$15 each. Please stop down to see us and pick up your calendar while at the Holiday Stroll. We'll see you there!

Not going to the Holiday Stroll?

"Life Before Birth" calendars are on sale now for \$15 each! Call or stop in to get your very own calendar today!

**Remember:
All donations to New Beginnings are tax deductible!**

New Beginnings' wish list

We are starting to outgrow our current location. New Beginnings is looking at relocating to a facility that has more space, would provide convenient parking and a more safe and accessible location during the winter months. Because of the steep incline of the street and sidewalk outside New Beginnings, the sleet and snow in the winter creates a very dangerous terrain for our pregnant mothers to walk on and the risk of slips and falls while trying to get to the Center is a serious concern for us. We're looking to find a place that will address our need for more space and ensure easy and safe access to New Beginnings. Here are the specifics:

- 1,500 sq ft of downtown office space
- Nice, convenient parking
- Available August 1, 2010.
- Free rent!

This may seem over-ambitious, but this is a wish list. If you or anyone you know has ideas or suggestions for possible locations we could consider that would meet our needs, please contact us!

**New Furniture:*

- 2 Graco infant carrier/ car seats (boys)
- 2 cribs and mattresses
- 1 stroller/car seat combo

**Baby Supplies:*

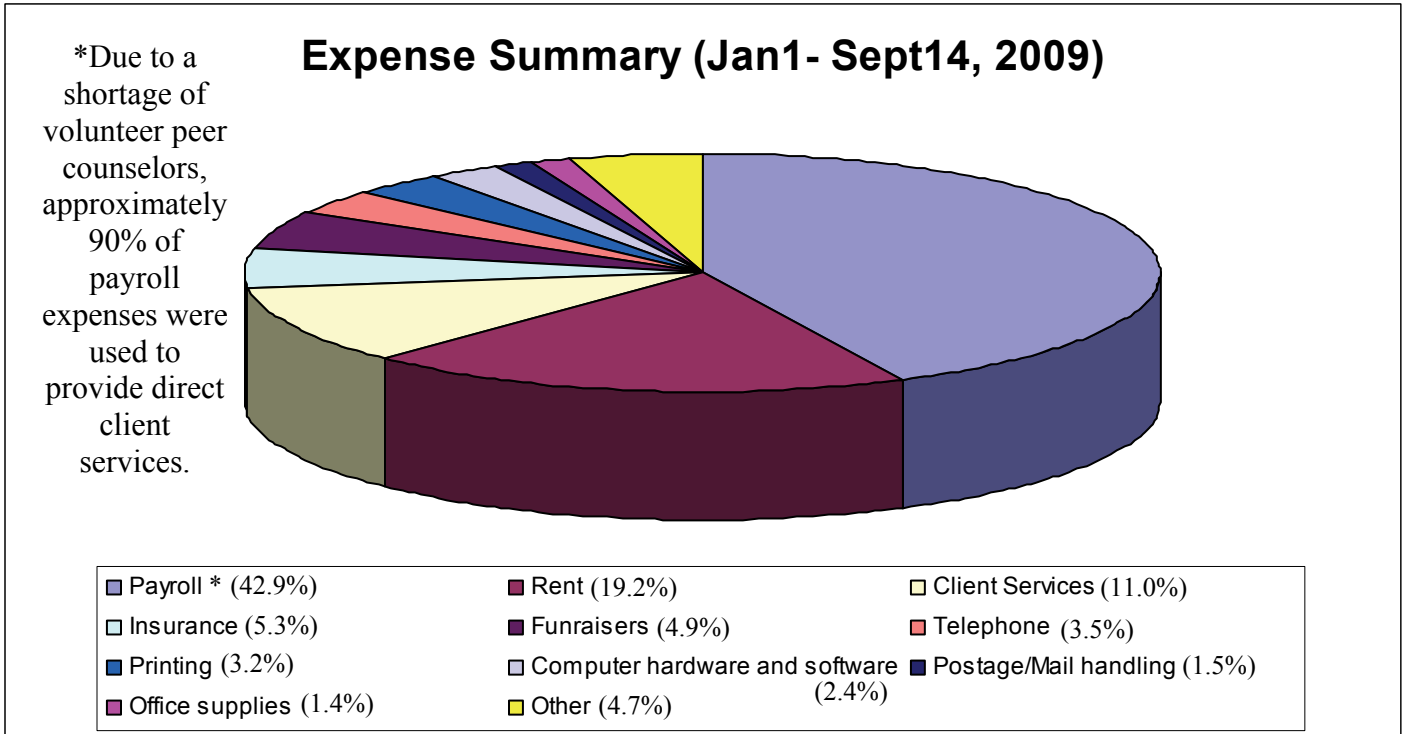
- 3 diaper bags
- Infant carrier/car seat covers
- Huggies diapers size 3, 4
- Luvs diapers size 2
- Boys winter clothing (sizes 0-3T)
- Girls winter clothing (sizes 0-3T)
- Baby bath, lotion

**Other:*

- Upright vacuum with attachments
- Rolls of stamps
- Gift cards to Target, Wal-Mart, Office Max
- 19" color TV
- Men to volunteer as mentors to our soon-to-be dads as a part of the Men's Fraternity curriculum.

New Beginnings is only able to accept new baby furniture, clothing and other items. If you are interested in helping New Beginnings by donating any of the wish list items or donating money to help us purchase items you see here, please feel free to drop off your donation or the items during our office hours or mail them to the center. Please contact our office with any questions.

How You Can Help Us



We have been very blessed and have a lot to be thankful for. Your partnership with New Beginnings is critical in ensuring women in our community facing crisis pregnancies don't need to go through them alone. The services and resources we provide make a difference and change lives. There are two new ways to make a financial contribution and make a difference: credit card donations and becoming a member of our Lifesavers Club.

Donating by credit card is an easy way to give to New Beginnings. To donate by credit card, please fill out the form below, clip and return to New Beginnings or contact our office to donate over the phone. It's fast and easy way to fulfill your interest in helping us provide for women and their families in our community!

The Lifesavers Club is a planned-giving program where members have committed to donating monthly, either by check, direct debit or by credit card. Our goal is to find 100 people willing to commit to donating \$50 per month to ensure our financial responsibilities are met for the month. Will you join the Lifesavers Club and be a committed partner in the life-saving work we're doing? If so, please contact our office to enroll in the Lifesavers Club!

New Beginnings Pregnancy and Family Services

Visa MasterCard American Express Discover

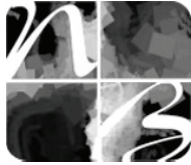
Account # _____ Security Code: _____

Exp. Date _____ / _____ Donation Amount \$ _____

Cardholder Name
(Please print) _____

Cardholder
Signature _____

*All donations to New Beginnings Pregnancy and Family Services are tax deductible. Thank you!



**New Beginnings Pregnancy
& Family Services**
120 Broad Street
Red Wing, MN 55066

Return Service Requested

Visit our Web site!
www.newbeginningspc.com

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120 Broad Street
Red Wing, MN 55066

Phone: 651-267-4357

24-hour Helpline: 1-800-395-HELP

E-mail: newbeginningspc@qwestoffice.net

Web site: www.newbeginningspc.com

Hours:

Walk-ins Welcome!

Monday:	1pm-5pm
Tuesday:	10am-5pm
Thursday:	10am-5pm
Friday:	9am-1pm

*Other times available by appointment.

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- ...and more!