

WHAT ARE WE DOING?

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New Beginnings Pregnancy & Family Services 120 Broad St.

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What's up?

By Ronda Luna, Executive Director

What's up with New Beginnings? What are you doing down there? How can I help? What do you need? Who are you seeing? These are some of the questions we hear from great, interested people like you. Here is our opportunity to let you hear first hand what's up at New Beginnings. You will read letters from some of our volunteers and their stories of helping others and seeing God's reward even in their personal life. You will experience the feelings of our clients from their personal view. You will see baby photos that have been released by the parents for use. Some names in these articles may be changed for confidentiality. You will see our need and have an opportunity to respond. Sit back and enjoy, and see how God is asking you to help a community member with a New Beginning.

Continuing the...

By Ronda Luna, Executive Director

Have you ever been the parachute packer? How about the pause after a sigh? The moment of readiness and anticipation and the peaceful ponder of the next breath? That is how I have felt as Director of New Beginnings Pregnancy & Family Services. Engaging the detailed work to assemble programs, strap in donors, supporters and volunteers, love our clients, plan, prepare, and hold fundraisers. Then awe in God's glory and favor He has bestowed upon us. A client base 4 times that of last year. I forget to breathe. God has so blessed this season of my life. I have walked with men and women having babies and

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adopting. I have held the hands of those losing their babies. I led them through a Bible study on loss and watched them walk in God's recovery. His ways are the healing way. I have laughed and cried. I have been frustrated and sighed. I'm led by God and obedient to His way. His call on my life for a new season is another *new beginning*, home schooling, a whole new ministry opportunity. What I know is God is always full of surprises, and he is never afraid to take you on waters you'd rather not walk on. He puts you in a place of faith and trusting in Him, not of ourselves. What I have learned from this is that as challenging as that may be and a lot of breathe holding and prayer, it is then that we walk in God's favor and blessing and hedge of protection. Obedience, John 14:15 "If you love me, you will obey what I command," it is with honoring God's decision I proudly pass on the Center and ministry to, Continue the Heart's Vision of a New Beginning, to the one who had the vision of this center in 2000. Cathy Goggin.



Please see *...Hearts Vision*. On page 4

Volunteer Passion Work

By Ronda Pelzer

“The spirit of the Sovereign Lord is on me, because the Lord has anointed me to preach good news to the poor. He has sent me to bind up the brokenhearted, to proclaim freedom for the captives and release from darkness for the prisoners...to comfort all who mourn, and provide for those who grieve in Zion—to bestow on them a crown of beauty instead of ashes, the oil of gladness instead of mourning, and a garment of praise instead of a spirit of despair.” Isaiah 61:1–3

This scripture includes nearly everything Jesus did while on earth. As Christians, God wants us to carry on this work. My time at New Beginnings has enabled me to become involved in a ministry doing just that. I started out helping moms get needed baby items. This helped them to have hope that they could provide for their children. Then I began doing more peer-counseling. I provide support for moms and dads. The Earn While You Learn curriculum enables me to help parents learn to improve their emotional, physical, and spiritual care of their children. A mom told me she was much more prepared to care for her current baby than for her first child because of this program. I have been leading, Beauty for Ashes, a post-abortion Bible study. I have seen a mom move from denial and secrecy to talking about and mourning her loss. She is beginning to find freedom from something that has held her captive for two years. She is looking at herself and her life in a new way, seeing

“She is looking at herself and her life in a new way.”



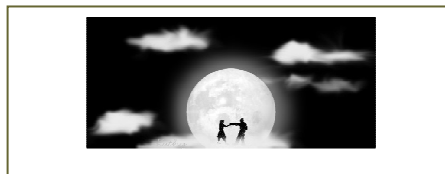
New Beginnings Logo –

that she is a valuable child of God. This has led to discussions about purity before marriage. She is seeing that she is forgiven and has a new hope for real freedom. She has started to attend a church and another Bible study regularly. Instead of being in despair, she has learned to pray and praise God.

I am also leading a sexual healing Bible study. This has been one of personal growth. People often experience a lot of shame and guilt about sexual issues. It says in 1 Corinthians 6:18, all other sins are outside our body, whereas sexual sin is sin against our own body. It is often shrouded in secrecy. When people confront their own sexual sin or sexual sin perpetrated on them, they are released from darkness. They are able to view sex as God intended.

I have truly been blessed by being a part of New Beginnings.

**Seeing is believing...
but believing is seeing.**



A new dance with the Father. Take Him by the hand.

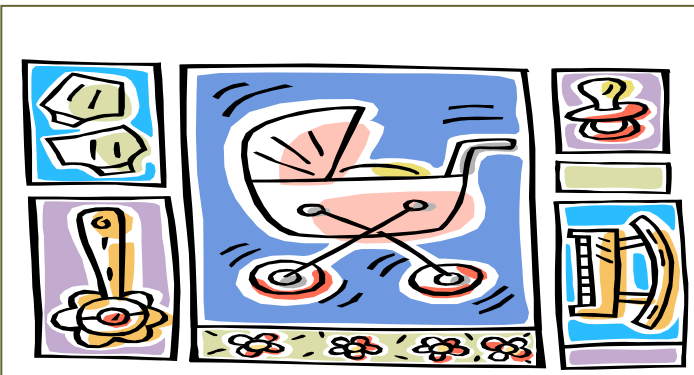
Client's Words

When I first started going to New Beginnings I described my life as stuck. I am a single mom of three young children and overwhelmed. I didn't know what I wanted to do with my life and what I could do to make it better. The staff at New Beginnings quickly became friends. I was able to vent my problems, talk out my frustrations, and even cry out my sadness. Not once did I feel judged, pressured, or made to feel inadequate. New Beginnings has helped me start to find out who I am so I can work at being better for myself and my children.....*anonymous*

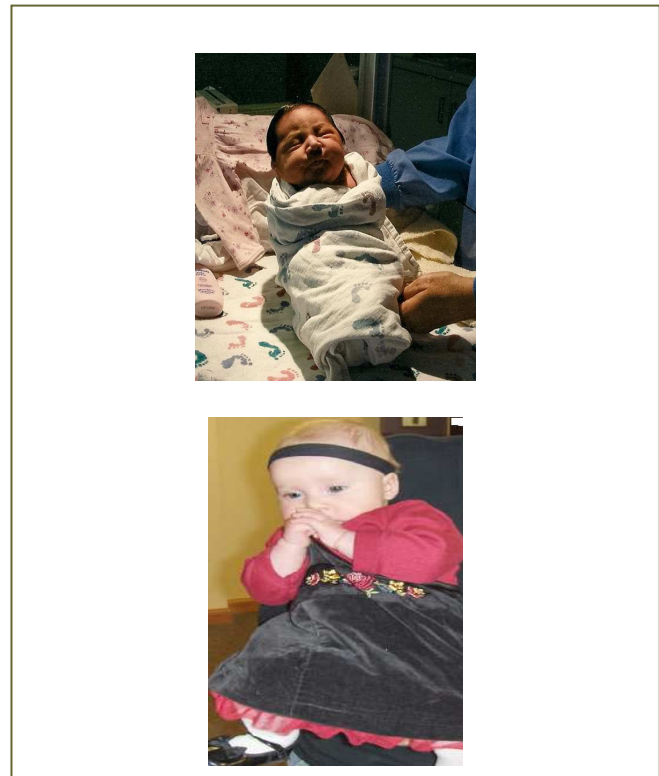
I have gotten a beautiful crib for my son, and a double stroller to help me and my kids get out and do things together as a family which we have done many times. There have also been odds and ends to help get me by. I really like that New Beginnings and the people that work and volunteer there do not look down upon you and do not make you feel like just a "charity case". The point system is a great way to give rewards for working hard at being a better parent, community member, and growing up to become a mature individual. Thanks to everyone who has helped make New Beginnings possible.*anonymous*

We think of New Beginnings as a light that gave us a direction. A place that gave us support, guidance, and friendship when we needed it the most. Thank you..... *The Rodriguez Family*

All pieces are in the client's words just as they wrote them.



i honestly don't know where i'd be at today w/out New Beginnings. Since the first day i came in to get my pregnancy test they have been nothing but wonderful. Everyone there is so nice and helpful. I know i can always talk to them about anything. The people at New Beginnings have made my pregnancy so much more easier for me. They've helped out so much. I am very blessed to have found such amazing people.Elizabeth Gregory



We have given many supplies because of you: 1 - Changing table, 3 - cribs, 1- breast pump, crib mattress, 1 - car seat stroller combo, formula, target gift cards, clothing, blankets, and many diapers and wipes.

Birth Announcements: Baby James-January, Baby Natalia- February, Baby Maleigha-March, Baby Saige - March

Please see *Client's* on page 7 & more *PHOTOS* on page 6

Worth the Wait

By Kim Satterberg, Masters Degree– Psychology

New Beginnings wants to reach youth before they need to come into our center for a Pregnancy test. Worth the Wait is a new ministry encouraging area youth to make healthy choices in relationships. While teens are overwhelmed with sexy images on TV and in the media, we are speaking out truthfully about sex: revealing the truth of this intimate experience that God has made for marriage.

There is so much more to life than sex. Teenagers need to dream about what they want their lives to look like in the future...what goals and hopes do they hold? Every choice made is one small step toward those goals. Sex before marriage will affect these goals.

Knowing God's love and his desire for our best is what gives us the courage to choose purity and the things we dream about. There is no doubt, sex before marriage will bring heartache and pain. The things of God are peace, joy, hope, and love. These are the things we want for our youth.

If you would like someone to come speak to your youth, please call Kim at New Beginnings or email us at newbeginningspc@qwestoffice.net.

Youth responses– from a presentation at a church youth group.

1. "Saying I will wait for marriage isn't something I can promise myself, but I know this doesn't make me a bad person. In reality, are there guys who don't want sex?"
2. "I learned that you might regret it greatly if you don't wait (until marriage to have sex)."
3. "Real life stories gave me the feeling that bad things can happen."

"...overwhelmed with sexy images..."

4. "I was reminded how much God is a part of everything we do and what he wants for us.

.....**Inserts from evaluations after presentation**

We have church kids who only want to wait until they are in love. It doesn't matter if they are married. That is what they believe for themselves. We need to help them understand God's blessing on waiting. Teaching them to honor their body. Not giving in to the world's ways, just because everyone is doing it. Where are our kids who are not doing it? Stand up kids, we love you, be bold, the pressures are not too much for Jesus to get you through. Faithfully endure and receive His blessed promise. – *Ronda Luna, Executive Director*

....Heart's Vision

By Cathy Goggin, New Executive Director

It is with honoring God's decision and His desire for obedience, that I humbly and joyfully, accept the Executive Director position of this ministry from Ronda Luna.

The Lord has been faithful and blessed New Beginnings with Ronda, as she has led this ministry with great courage, wisdom, truth and love, over the past 2 years. Without her here, our doors would not be open. God called her and she answered the call to run this race for life at New Beginnings and she has run well! We will truly miss her leadership and ever smiling face. We are very happy that she is not leaving us altogether, but will continue leading our Threads of Hope, miscarriage grief group, on a volunteer basis.

Hebrews 12:1, "Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles, and let us run with perseverance the race marked out for us."

...Continued Heart's Vision

As I begin this race as the Executive Director, I am especially thankful to be surrounded by Ronda and others like her, in our community, which are such a great cloud of witnesses for life. I will throw off everything that hinders and the sin that so easily entangles, (fear, pride and impatience) with God's help, to run with perseverance this race for life, marked out for me, at New Beginnings.

Perseverance means, "The continued patient effort". My new position at New Beginnings will be the continued patient effort to trust God, to walk in faith and courage, to pray, love, share and encourage, to be honest, to be a cheerful giver, to work hard, to be creative and to lead by example. I don't trust in my own wisdom or strength to do these things, but trust in God's, because He says with Him, nothing is impossible. I believe that.

Would you help us to continue, in patient effort, this race for life? Will you pray for me in my new position at New Beginnings? Will you pray for New Beginnings as a whole? Will you give us gifts of your time, wisdom, money or material goods?

Without you on our team, whether you are a volunteer, prayer warrior, board member, church, business, or individual donor, we will not fulfill the call of God at New Beginnings, to promote life. This race for life is a team effort. God is calling the body of Christ to gather in unity and to stand up against the tide of deception that says abortion is a good thing for women. It is not. I speak from my own personal "choice". Abortion kills children and wounds their mothers and fathers. God has a plan for each and every person ever conceived, and life begins at conception. Do you believe that? We do at New Beginnings.

If you don't know what we do at New Beginnings, call me and set up a time to come in and see for yourself. We help women and men in crisis pregnancy situations, we listen and review all their options with them; we help women and men go through the grief process after their abortion, miscarriage or infant loss; we help parents become more knowledgeable in their parenting roles and earn the material goods, they need for their children in the process; we do Bible studies for clients looking for help in their spiritual walk; we help singles know their value and worth in keeping their sexuality as a gift to their spouse in marriage or to renew a commitment to save sex for marriage, after they have already been sexually active; we help clients that have been sexually abused to gain the healing they need to live whole and healthy lives; we promote the resources of our community that we do not provide, to meet the needs of our clients, such as social services, health care, child care, housing and church.

These programs are all summed up in our recently changed mission statement, "New Beginnings nurtures a Christ-like view of human life through hope, help and life-affirming choices."

When we stand before the Lord, one day, may we all hear the words, "Well done, good and faithful servant." Thank you for being obedient to God's call and for joining our team for life!



Giving Hope with the Love of Christ.



These photos are used with permission.

The fruit of silence is prayer,

The fruit of prayer is faith,

The fruit of faith is love,

The fruit of love is service,

The fruit of service is peace.

.....Mother Teresa

Client's Words continued....

New Beginnings has been a God send to me, my partner, and baby. We are learning more than I could have imagined. I'm lucky to be involved in such a great program. We've earned diapers, wipes, and new blankets for our little one. Above all we've learned so much with all the great educational videos and homework sheets. The program has also brought us closer to God and closer to each other. -Cassie Huppert, Dusty Ehrich, and our blessed little one.

Denied but moving on in Faith

By Ronda Luna, Executive Director

We are continuing on in faith. We feel like we are denied because we believe. We have applied for 4, United Way grants and have been denied. We have applied for a new local grant through Steppsup and are denied. The Positive Alternative Grant, by the Minnesota Department of Health, could not be applied for, because it did not allow us to talk or pray, about God while counseling. We will be of Integrity. We will not wash down what we stand for or believe. We will stand strong in the faith, joyful in the trials, trusting and walking in the Way, the Truth and the Life.

We need your help. We need 100 people giving \$50 a month, or 50/ \$100. Any

MOVE for Life 2009
May 9, Registration - 9-11a.m.
Lower A.P. Anderson Park / Cannon Valley Trail.
Register and Walk, Run, Bike, or Move the way you do.
Call for information and to pick up your pledge cards.
We need you to Just Move It!!!
If you can't move - pledge for someone to move for you.
Let us be your feet for the cause of Life.
We are the Body, let's move it.

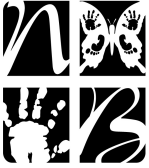
267-4357

Garage Sale- Coming Soon.
Save your stuff. More details soon.
Call if you have room to store stuff or
are willing to pick up things for us.

combination will do. We are not meeting our budget. We are looking at decreasing paid staff hours and needing to open the doors 2 more days a week. We have clients that need things we cannot provide that they have worked for because we have a lack of funds. As recession happens we will see even more people. Thank you to all of you who are able to donate items in need. Thank you to all of our monthly donors. We need you to help us find more people in this community that stand for life. Help us lay up treasures in heaven.

Six more babies are due, will you pray and ask God, "What Lord will you have me give?"

"...denied because we believe."



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Mission
Nurturing a Christ-like view of human
life through hope, help and life-
affirming choices.

We're on the Web!

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www.newbeginningspc.com

One Person Can Make a Difference

Author unknown

One morning just before dawn, a man woke early so he could watch the sunrise over the ocean. As he walked along the beach he came across a young girl who seemed to be doing something peculiar. She was picking up starfish and throwing them into the sea-one after another. He asked her what she was doing.

"The tide washes up all the starfish and they can't get back by themselves." She said. "They will die in the sun if I don't throw them back into the water." The man looked up and down the beach at the thousand of stranded starfish. He couldn't help telling her, "But there are too many starfish to save before sunrise. Why bother? You won't make much of a difference."

She paused for a moment, then picked up another starfish and threw it as far as her arm could manage. With a smile, she turned and simply said, "I made a difference to that one."

The man stood in silence, then reached down for a starfish and tossed it into the sea.

Will you help us make a difference in one?